

Tanning –

Each club is equipped with brand new state of the art tanning facilities. To ensure safety, please adhere to the guidelines on usage and complete the tanning screening form prior to use.

Health and Sports Supplements –

To aid you in building your health our coaches can advise you on the right supplements to suit you.

Personal Training

Personal Trainers are available to every member. Your trainer will help you in whatever way you need it, whether that be designing your training program, making sure you complete the exercises safely and correctly, or perhaps just to support and motivate you to keep you coming back to the gym. You may choose any trainer to work with and sessions are arranged and paid for privately, direct with the trainer.

Outdoor Gym facilities –

Available at both our Newton Abbot and Torquay sites, a full set of free weights plus some fixed equipment allows you to work out in the great outdoors.

Café

Our Newton Abbot and Torquay clubs are equipped with their own café facilities, open to members and non-members all day long. Juices, shakes, cooked breakfast, steaks, salads, sandwiches, it is all included on the menu. The cafés feature many locally sourced meats and vegetables and aim to provide a wide choice of meals at a very competitive price. Take away meals are also available, as are children's parties and outdoor catering.

Sauna and Steam Room

Available at each of our sites.

Gym Opening Times:

7am to 9pm weekdays,
9am to 4pm weekends

Contact

Information for each site:

Website: www.winners2000.co.uk

For all enquiries, please contact:

Winners 2000 Torquay


168-174 Teignmouth Road
Torquay, Devon TQ1 4RY
Tel/Fax: 01803 327561
email: hannah@winners2000.co.uk

Winners 2000 Newton Abbot

Greenhill Way
Newton Abbot TQ12 3SB
Tel/Fax: 01626 331224
email: dean@winners2000.co.uk

Winners 2000 Paignton

Modus Business Park
Brixham Road
Paignton TQ4 7BE
Tel/Fax: 01803 524553
email: jon@winners2000.co.uk

EveryAge,
EveryShape,
EverySize,
Everybody 

“A successful life does not result from chance. Nor is it determined by fate or good fortune. But rather, through a succession of successful days”.

Welcome to winners 2000

Information

January 2010

Our Mission Statement

Winners 2000 is in business to improve the health, happiness and fitness of our members, and to make a difference in the community.

EveryAge,
EveryShape,
EverySize,
Everybody 

Our business objectives & outcomes

Educate
Inspire
Drive
Positive
Change



Winning Starts with Beginning...

“Welcome to
Winners 2000,
Paignton, Torquay
and Newton Abbot”



Whatever your age and ability level, you can become a member of Winners 2000 and work out with the best instruction on the best equipment, in the best environment.

***Our service, our equipment, our events,
everything, it is all set up for YOU.***

***They are here to help you improve the quality
of your life, for you to feel better every day.***

Why should you join Winners 2000?

We will provide you with great facilities, and show you how to use them. The gym will always be clean, friendly and managed by competent and professional instructors. The coaches with whom you work will teach you how to attain the goals you have set for yourself, our whole mission is based around helping you REALLY achieve your targets. You can come and work out with your friends, in any of our sites, as often as you want to. Winners 2000 is active in the community and you can be a part of that, helping us to raise money for local charities through exercise challenges set up throughout the year. All this is going to cost you roughly a £1 a day.

3 Clubs, One Membership Payment!

Once you are a member of our club, you can work out in any of our 3 sites.

People who care...

The people chosen to be part of Team Winners have all been selected primarily for their character and passion to do this job. We place great value not only on the formal qualifications of the instructors and coaches who work with our members, but on their motivation to succeed with the clients with whom they work.

***We want our members to really look forward
to coming to the gym each day.***

Your membership at Winners 2000

When you join Winners 2000 you will meet with the Manager of your home site who will give you a full tour of the club, talk through our services and facilities, and club rules, as well as answer any questions you may have.

Coaching Services

Your coach will be responsible for all aspects of your workout program and health screening. At your first meeting you will undertake some basic screening and tests to ensure you are fit and safe to take part in an exercise program. You can work out as often as you like with your trainer to suit you, this is arranged and paid for privately.

Membership

■ 36 MONTHS MEMBERSHIP

	One off	DD		One off	DD
Gold	£879	£30	Couples	£1650	£55
Silver	£800	£25	Couples	£1400	£48

■ 24 MONTHS MEMBERSHIP

	One off	DD		One off	DD
Gold	£619	£33	Couples	£1200	£60
Silver	£550	£27.50	Couples	£1000	£52

■ 12 MONTHS MEMBERSHIP

	One off	DD		One off	DD
Gold	£329	£38	Couples	£675	£65
Silver	£300	£30	Couples	£550	£55

Schools Membership - £25 (4 weeks)

(This membership permits entry to the gym up to 5pm each evening and at weekends. Each student must undergo an induction with a trainer prior to them being allowed to work out in the gym).

Student Membership - £100 (3 months)

(Students must show student identification on joining and renewing this membership).

2 Week Holiday Pass - £30

(Available to holiday makers who are current gym users and are on holiday in the area. Provided you are safe to train and complete a full client screening no induction process is required. If you are not a regular gym user a paid induction will be required prior to you using our facilities).

■ CORPORATE MEMBERSHIPS

Corporate memberships are also available for groups of members, starting from 5.

Coaching Services

Introductory Training Services – 5 Pack

5 sessions with your trainer - £89

Introductory Training Services - 3 Pack

3 sessions with your trainer - £59

JOINING FEE ONLY

No training support (only applicable to those experienced enough to design their own training programs and exercise safely and competently) - £29

Other Services Available at Winners 2000...

Free To Member Group Classes

At each of our 3 sites you will be able to take part in our FREE TO MEMBER group classes, such as Aeroglide, Combat, Aerobics, Pump, Fitball, Circuit Training, Zumba and many others. In addition we hold weekly outdoor running clubs, for beginners and advanced levels, at each site. Sessions run both during the evening and daytime. Non-members can take part in any group session for the price of £4 per class.

Slim 2 Win Weight Management Program

If your main target is to lose weight, this has been designed for you. Our Slim 2 Win program focuses on not just the physical reasons you add and store fat, but we also use Neuro Linguistic Therapists (NLP) to help you break down the associations and anchors that may be leading you to overeat and gain weight. If you have tried any other slimming program before and not had the results you wanted, don't waste your time, get onto Slim 2 Win now. Available to members and non-members, for more information contact andrew@winners2000.co.uk. Start Winning by starting losing today, with Slim 2 Win at Winners 2000.

Lions Junior Fitness Program –

Our Lions program has been running for over 4 years. Our aim is to teach children safe exercise techniques, to improve their associations to exercise and to improve their overall health, fitness and conduct. The program is now being added to each site and children from the age of 7 can take part. Sessions vary in content, working on physical key skills such as strength, balance, coordination, speed, flexibility, as well as topics such as first aid, personal responsibility and respect. For more information contact Helen Collins at helen@winners2000.co.uk.